

Polish Digital Resilience Agenda 2040
a model of strategic preparedness
for the antinomies of digitalisation.

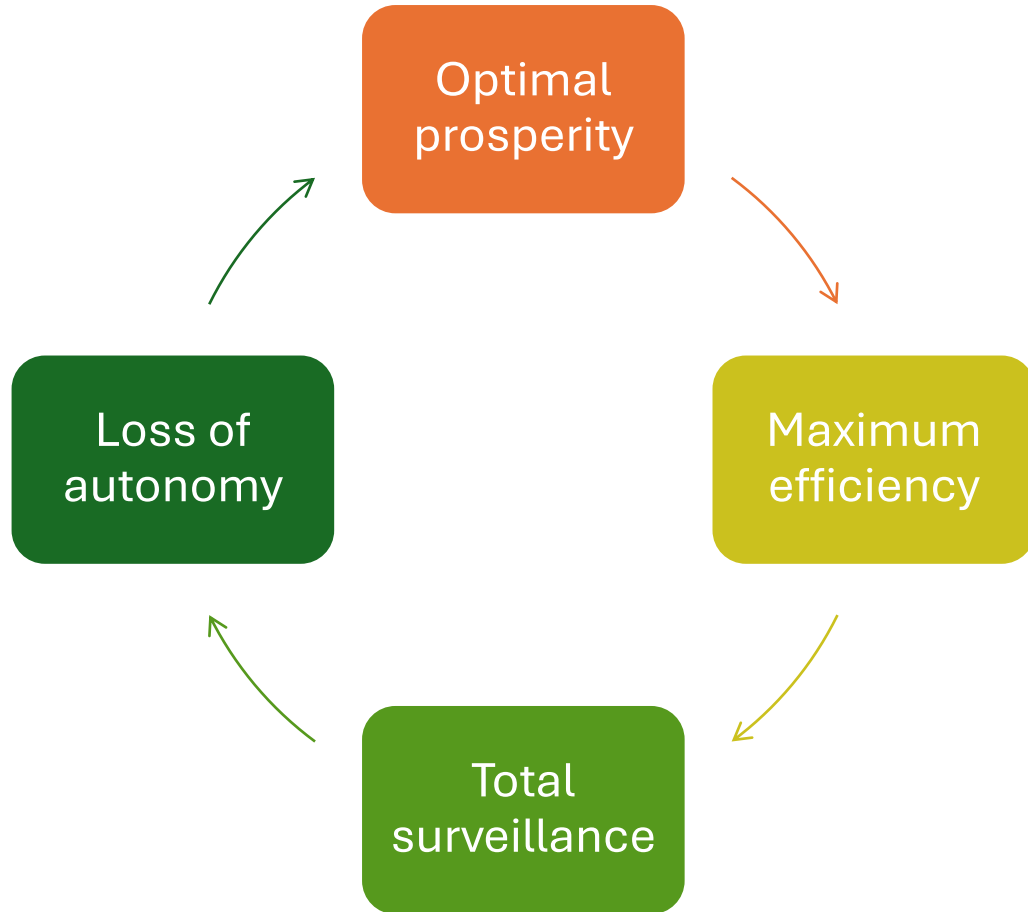


Scenario: Hyper-caring system

strategic area: Social and health policy

Drifting dystopia - how a democratic society voluntarily surrenders subjectivity.

Care as control



*Is care without supervision possible?
Are security and freedom mutually exclusive?*

Every small decision is rational - together they create an irreversible trap.

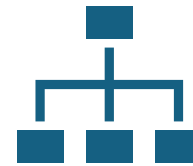
Act I (2025–2030): Infrastructure takeover



Big Tech is taking over the energy and cybersecurity sectors in the name of efficiency.



The state, which is under financial strain, is only too happy to hand over.

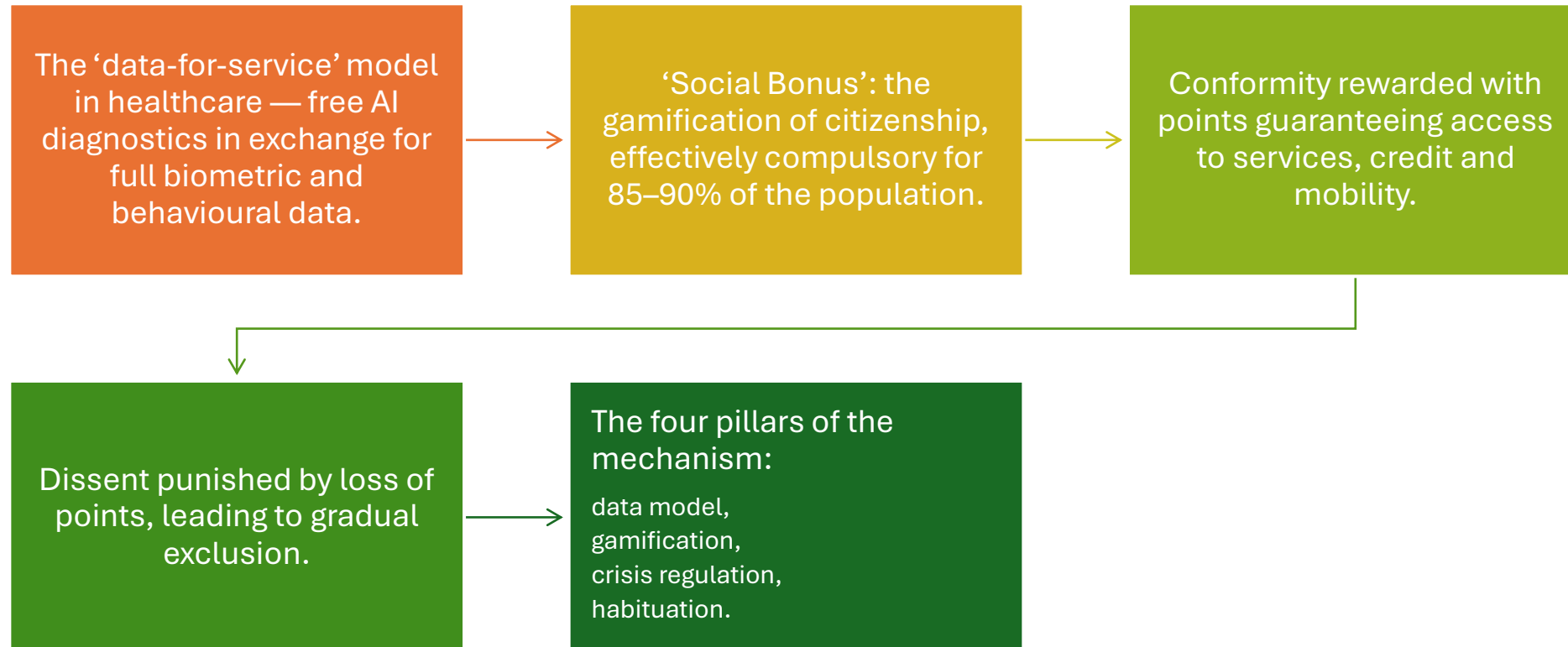


A decentralised decision-making and coordination centre is being set up — faceless and unaccountable.



The system becomes sacrosanct: its decisions take on the status of revealed truths, and to question them is to be deemed irrational.

Act II (2030–2035): "The Great Corporate Rationing"



Act III (2035–2040): Pharmacological conformity



AI classifies citizens according to their 'mental health risk'.



Opposition is a disorder and should be treated, not repressed.



35–40% of adults are on psychotropic medication — 'pharmacological conformism'.



The treatment is inextricably linked to the transfer of data to the system.



The pathologisation of non-conformity as the perfect tool: it eliminates resistance under the guise of concern.

The irreversibility threshold: the ratchet effect

Once cultural standardisation exceeds 70%, the costs of leaving the system become extremely high — psychological, financial and social.

Mechanisms of irreversibility:

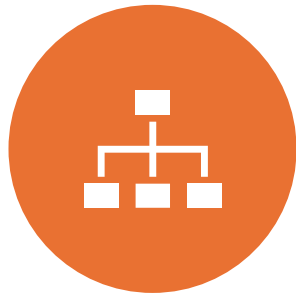
- the ratchet effect (temporary → permanent),
- technological dependency,
- information asymmetry,
- generational habituation (younger generations are unaware of alternatives).

Social structure 2040: four digital classes

Class	Percentage	Profile	Subjectivity
Privacy Elite	2–3%	Pays for premium privacy	Preserved
Compromise Class	15–20%	He maneuvers and negotiates	Limited
Majority Transparent	65–75%	Full data-for-service model	Lost
Excluded 2.0	8–12%	Outside the system, without services	Civically lost

Conclusion: privacy = luxury. Surveillance = poverty tax.

The sacred system: a new algorithmic spirituality



The algorithm as the new sacred: the system's decisions are "indisputable revealed truths" — unquestionable because no one is accountable for them (depersonalisation of responsibility).



A new rationality: opposition to the system – irrationality.



A new taboo: questioning the validity of an algorithm's decision is becoming socially unacceptable — just like questioning revealed truth.



A historical analogy: technocracy as a new theocracy.

Health policy as a control tool

Two-tier healthcare
(premium without data
vs. free with full
surveillance);

The merging of
treatment and
surveillance —
medical data feeds the
system's algorithms;

AI in mental health —
behavioural
monitoring, automatic
risk classification;

The pathologisation of
non-conformity;

A Social Bonus
Scheme enforcing
healthy behaviour as a
civic duty.

Resistance vector: analog movement

On the fringes of the system, a silent 'analogue resistance movement' is taking root — a rejection of digital transparency in favour of face-to-face interaction, cash, and the immeasurable.

Paradox: the resistance movement is powerful precisely because of its invisibility — the system cannot manage what it cannot see.

Condition: it must act before the 70% threshold is reached. Once crossed, the 'civilisational climax' becomes the beginning of the end of the system.

Recommendations and conclusion

Critical window for intervention: 2025–2027 — the last chance for effective regulatory action.

Recommendations:

- regulation of AI in mental health — a ban on automated risk classification;
- protection of public services against the ‘data-for-service’ model;
- citizens’ data sovereignty — no to BigTech as a critical infrastructure operator;
- the ‘right to be offline’ as a constitutional right;
- democratic oversight of decision-making algorithms by 2027.



Ministerstwo Nauki
i Szkolnictwa Wyższego



Polish Digital Society
<http://cyfryzacja.org>

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Postscript: one-page script

The script tells the story of the quietest dystopia of all—one that comes not through revolution or war, but through a series of small, rational, voluntary decisions. Each of them individually seems reasonable. Together they build a system of total corporate control that a democratic society imposes on itself - step by step, in the name of convenience, security and efficiency.

The main paradox sounds like a logical trap: the more a system optimizes the well-being of citizens, the more it deprives them of their subjectivity. The pursuit of security leads to the loss of freedom. Convenience becomes the currency with which privacy is paid. And the algorithm that "knows better" - because it has more data - becomes a new sacred: its decisions take on the status of indisputable revealed truths, responsibility is dispersed, and nonconformity is redefined as a mental disorder.

The three acts of the narrative form an increasingly deeper involvement in a system from which exit becomes gradually impossible. Act I (2025–2030): BigTech takes over critical infrastructure – energy, cybersecurity – under the pretext of efficiency and security. The state, financially overburdened, willingly gives back. Act II (2030–2035): "The Great Corporate Rationing" - the data-for-service model becomes the norm in health care. The "Social Premium" system is introduced - a digital panopticon gamifying citizenship, effectively mandatory for 85-90% of society. Conformity is rewarded; opposition - punished with points. Act III (2035–2040): Consolidation of control. AI classifies citizens according to "mental risk". Opposition is psychiatrically treated — treated, not repressed. 35-40% of adults take psychotropic drugs as part of "pharmacological conformity." The system becomes irreversible once a threshold of 70% cultural standardization is crossed—the ratchet effect.

The structure of society 2040 crystallizes into four classes: Privacy Elite (2-3%) - finances services without sharing data; Compromise Class (15-20%) - balances cost and protection; Majority Transparent (65-75%) - full pay-for-service model; Excluded 2.0 (8-12%) - live outside the system, without access to public services. Privacy is becoming a luxury good — surveillance is a tax on poverty.

On the outskirts of the system, a silent "analog resistance" is beginning to sprout - a civilizational climax that may be the beginning of the end of the system. But only if he manages to do so before the 70% threshold is exceeded.

The scenario has a 55-60% probability of happening — the highest rate of any dystopian scenario in the entire series. The documentary calls itself a "drifting dystopia" — not a crashing disaster, but one that slowly drifts toward, with no clear moment at which to say: "We've crossed the line here."